

## **Covid-19 Guidance – Staying safe whilst enjoying sailing at Silver Wing Sailing Club**

### **General Site Information (from 17<sup>th</sup> May 2021)**

Please do not come to the club if you or any members of your household are suffering from any of the symptoms of Covid-19 or have been tested positive for Covid-19.

Please do not attend the club if you have been required to self-isolate by the track and trace service and that period has not expired; or (b) you are aware of any other circumstances that mean you should be self-isolating and that period has not expired; or (c) you should be adhering to quarantine or equivalent restrictions as a result of foreign travel.

Whilst at the club, it is important to regularly wash your hands or use the hand sanitisers that are readily available around site.

At all times, please maintain Social Distancing (2 metres or at least 1 metre plus with mitigation) & always be vigilant and considerate of others.

Please ensure you comply with the current rules which limit groups to a maximum of six people or two households. No mingling either, please, especially between the tables!

For track & trace compliance we request you register on arrival using the NHS app, the SWSC QR code or by recording your name & contact details using the book found by the main entrance to the clubhouse. Any details recorded will be retained for the required 21 days.

The club reminds all sailors of the need under current conditions to sail within the limits of their skill and equipment and not to place reliance on patrol boat or third-party support.

### **Clubhouse & Changing Room Information**

Face Masks must be worn on entry, when exiting and for moving around the clubhouse or changing rooms unless you are sitting at a table to eat or drink.

Any arrows, signs and one-way restrictions must be followed as these are for guidance, when inside the clubhouse and changing rooms. Fans will be on and doors will be kept open to provide extra ventilation.

Hand sanitiser and antibacterial spray will be provided on all inside tables and hand sanitiser provided on all outside tables.

Furniture should not be moved as this may breach social distancing compliance.

The bar is open but will operate as table service only for hot & cold drinks and a limited range of snacks. Items can be ordered from the bar by scanning the QR code available on all tables and will be delivered by the bar staff to your table. No orders can be taken at the bar. The payment method for all purchases is by card only.

The changing rooms & toilets are open and available for use. Facemasks should be worn when using them. The maximum capacity is limited to two in the men's changing room & one in the ladies changing room. There is signage at the changing rooms doors indicating

when they are occupied. Please ensure social distancing when using them and do not leave any items of kit in the changing rooms. If possible, we recommend arriving changed or discretely changing in the carpark.

The showers should only be used in emergencies.

Please use the antibacterial spray provided, for cleaning any surfaces you touch before and after using the changing rooms and toilet area.

Lockers for valuables are available in the sailing shed by the race briefing blackboard. It is recommended that keys are cleaned with antibacterial spray or sanitiser.